Aistė Benkauskaitė is a 27 year old Lithuanian mezzo-soprano. An exciting young artist with a versatile voice and a steadily growing international reputation.

Aistė completed her Bachelor's degree in Vocal Performance and Pedagogy at the Lithuanian Academy of Music and Theatre, where she studied under the guidance of Professor Asta Krikščiūnaitė, head of the vocal performance department.

She recently completed the two year Mascarade Opera Emerging Artists Programme in Florence, Italy.

Aistė has already appeared on respected international stages, including the Lithuanian National Opera and Ballet Theatre, Hessisches Staatstheater Wiesbaden, Theater und Orchester Heidelberg, Nationaltheater Mannheim, Teatro della Pergola, Tbilisi Opera and Ballet Theatre, and Astana Opera.

She has also gained recognition through competitions, notably winning First Prize at the Vincė Jonuškaitė-Zaunienė International Competition in Lithuania. Most recently, she participated in the IV International Virgilijus Noreika Singing Competition, where she became a finalist and received six special prizes, including participation in the 2027/2028 "Immling" festival.

In the 2025/26 season, she debuted in five roles at different German opera houses: Flora in "La Traviata", Bobylicha in "Snegurochka" at Hessisches Staatstheater Wiesbaden under the baton of Leo McFall ; Zerlina in "Don Giovanni" in the crossover drama "Ciao Amore" at Hessisches Staatstheater Wiesbaden Kleines Haus conducted by Alejandro Jassán; Un Musico in "Manon Lescaut" at Theater und Orchester Heidelberg conducted by Mino Marani; and the III Blumenmädchen in "Parsifal" at Nationaltheater Mannheim conducted by Stefan Blunier.

In the 2026/27 season, Aistė made her debut at the Lithuanian National Opera and Ballet Theatre in leading roles, including the Traveler/Third Lady in the world-premiere contemporary opera "Upside Down" by Robert Wilson and Žibuoklė Martinaitytė, Mary in "Five Miracles of Mary", and Nicklausse/Muse in Offenbach's "The Tales of Hoffmann".